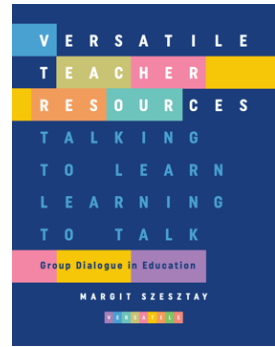


# ACTIVITY 8

## Reasons for staying silent



Statements	Reasons for staying silent
<i>I never have anything original to say.</i>	<i>A general lack of confidence.</i>
<i>Talk never gets us anywhere.</i>	<i>A lack of faith in the value of discussion.</i>
<i>I just like to listen to what other people have to say – that's how I learn.</i>	<i>Learning by observation.</i>
<i>Well, I can hardly get a word in edgeways, so I keep quiet.</i>	<i>Submission to more assertive members.</i>
<i>By the time I've come up with an idea, we have already moved on.</i>	<i>Needing more time to formulate an opinion.</i>
<i>Everyone has got used to who speaks and who doesn't. It's hard to change that.</i>	<i>A solidified pattern of interaction.</i>
<i>In other groups I talk a lot more. But here I feel anxious about saying anything.</i>	<i>Lack of trust – feel judged.</i>